Time Management and Family Life

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Alternative Session Titles

• Family Management and Life Time?
• Family Management and Lifetime?
• Family Time and Life Management?
My View

• Time management is life management
• Family is only one aspect of “life”
• Must understand life goals to effectively manage time
Who Am I?

• Professionally:
  – DSc in CS from Washington University, St. Louis
  – Joined Georgia Tech in 1993 as Assistant Professor
  – Computer networking, recently Computing for Good
  – Convoluted tour of academic titles (see next slide)
  – Research community leadership

• Personally:
  – Two daughters (Carmen 13, Bethany 10)
  – Husband (Dan, attorney)
  – Hobbies (Bikram yoga, gardening, quilting, reading)
My Professional Life (Titles)

President

Provost

Dean

Associate Dean

Assistant Dean

Chair

Full Prof

Assoc Prof

Assist Prof
My Personal Life
My Best Advice I

• Plan (show my system)
• Understand how you work and leverage it
• Recognize difference between important and urgent ("Q2" in Stephen Covey parlance)
• Work on the single most important thing first every day (hard!)
• Place a high dollar value on your time. If you can pay someone less than that to do something for you, do so. (clean house, mow lawn)
My Best Advice II

• Never say yes immediately
• Ask if someone else can do it as well or better than you (because the answer will be no often enough)
• Remember that the day you commit to will eventually be “tomorrow”
• Do your share; only do more if it is in your interest; within your share, pick carefully
• Don’t be a perfectionist; recognize when good enough is good enough
Best Advice I’ve Heard Recently

• “Don’t leave until you leave.”
  – Sheryl Sandberg, Facebook COO
  – Watch her TED talk!