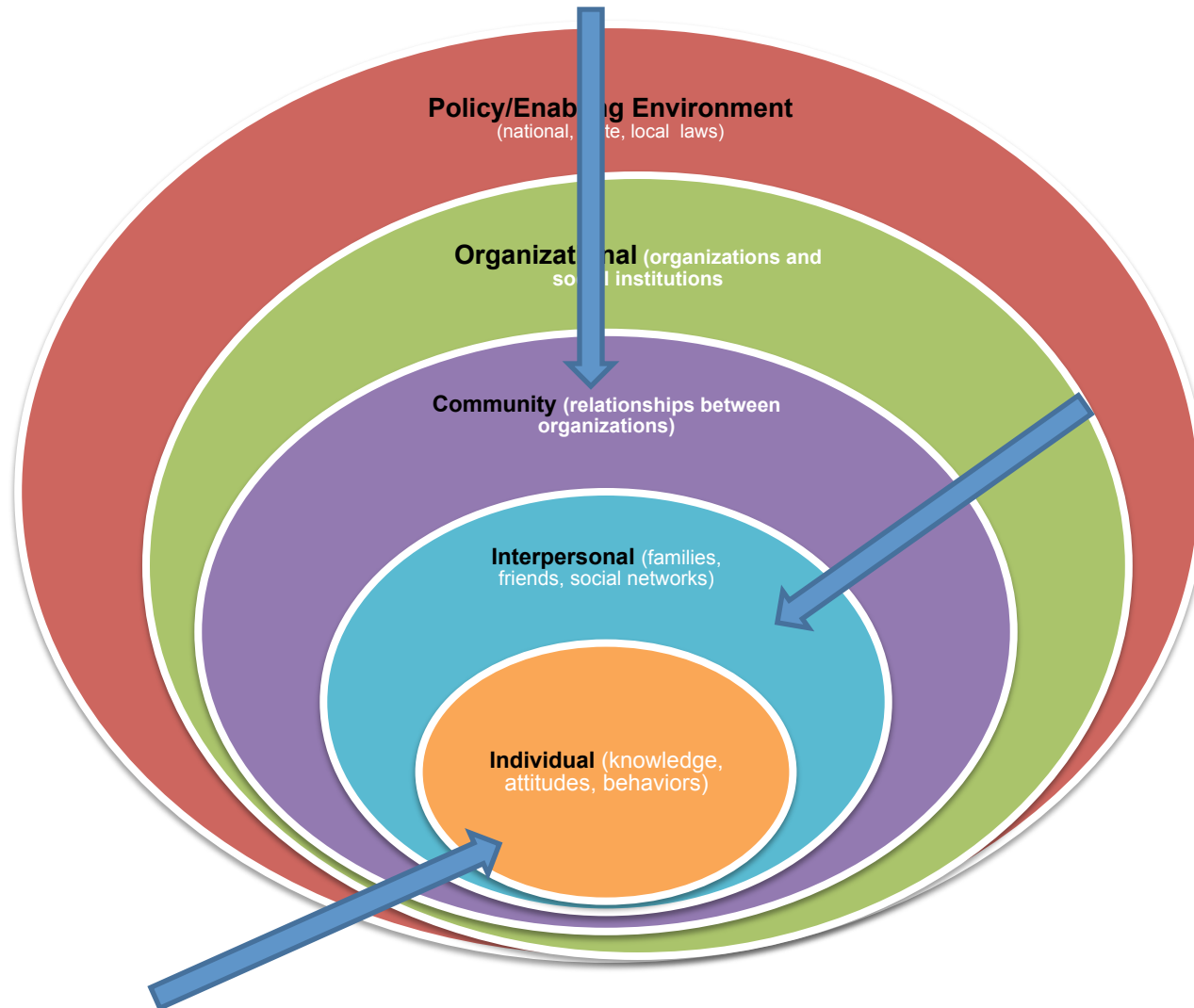




CCC

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Identifying theory



Data impacting theory

- Feedback from systems allows tests of theory
- Steps per day
 - Will help us understand the impact of the intervention in different environments
- Usage
- GPS
 - Would inform where activity occurs

- Previous study
 - Daily messaging tolerated
- Intervention
 - Lessons, notifications, Fitbit wear/logons
- Participants will comply to varying levels
- Adjustments to dose made after data collection
- We learn based on what they provide us