

Strategies for Human-Human Interaction

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Our Plan for the Day

- **Introduce** ourselves
- **Identify** our most challenging human-human interactions
- **Listen** to *your* experiences and **share** strategies for managing these relationships
- **Discuss** final thoughts



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What is *your* human-human interaction experience?

FAMILY

Course Professors

Research Team

Acquaintances

New Contacts

Advisor

Student Colleagues

Professional Colleagues



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Now, it's your turn!

- With a partner, describe the most constructive and least constructive interaction experience you have had this year so far



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Some topics...

- Micro-aggressions and Hostility
- Conflict resolution
- Discrimination (Covert and Overt)
- Double-bind
- Harassment
- Being the “only” one
- Imposter syndrome
- Prove it again
- Walking the tightrope
- Two-body problem
- Family-friendly policies (or a lack of)
- Implicit bias
- Stereotype threat



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What are your stories and/or thoughts?



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You can do this!

- Good human-human interaction is a daily exercise
 - You will continue to learn how to be better at it!
- Don't ignore your experiences
 - Learn from them, but know that you have everything inside to succeed!

Additional Resources

- Ms. Mentor's Impeccable Advice for Women in Academia, by Emily Toth
- Kidding Ourselves: Breadwinning, Babies, and Bargaining Power, by Rhona Mahoney
- Getting to Yes: Negotiating Agreement Without Giving In, by Roger Fisher and William Ury
- Nice Girls Don't Get the Corner Office, by Lois Frankel
- Women Don't Ask: Negotiation and the Gender Divide, by Linda Babcock and Sara Laschever



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Scenario 1

At meetings, Peter and Sunil are increasingly disrespectful towards you and Jenny: they ignore you, interrupt you, and/or poach your ideas. Your advisor, doesn't seem to notice and in fact credits your and Jenny's ideas to Peter and Sunil.



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Scenario 2

Prof. Hat asks you to help out with the Graduate Recruiting Committee because 'they need a woman'. You end up doing a lot of this kind of department service and are wondering if its worth the time and effort. But, should you/how can you say no?



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Scenario 3

You are attending a conference and don't know anyone well. There are few women in the conference.

- *What should you do about lunch that is part of the conference?*
- *What should you do about dinner?*



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