

Strategies for Human-Human Interaction

Jamika D. Burge

Gail Murphy

Amanda Stent



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Our Plan for the Day

- **Introduce** ourselves
- **Identify** our most challenging human-human interactions
- **Listen** to *your* experiences and **share** strategies for managing these relationships
- **Discuss** final thoughts



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What is *your* human-human interaction experience?

FAMILY

Course Professors

Research Team

Acquaintances



New Contacts

Advisor

Student Colleagues

Professional Colleagues



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Now, it's your turn!

- Discuss, with your partner
 - What is your most constructive relationship (so far this year)?
 - What relationship would you like to change (this year)?
- Feedback = 2 mins



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Some topics...

- Micro-aggressions and Hostility
- Cultural and International experiences
- Discrimination (Covert and Overt)
- Double-bind
- Harassment
- Being the “only” one
- Imposter syndrome
- Conflict Resolution
- Two-body problem
- Family-friendly policies
- Implicit bias



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What are your stories and/or thoughts?



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Scenario 1

At meetings, Peter and Mike are increasingly disrespectful towards you and Jenny: they ignore you, interrupt you, and/or poach your ideas. Your advisor, doesn't seem to notice and in fact credits your and Jenny's ideas to Peter and Mike.



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Scenario 2

Prof. Hat asks you to help out with the Graduate Recruiting Committee because 'they need a woman'. You end up doing a lot of this kind of department service and are wondering if its worth the time and effort. But, should you/how can you say no?



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Scenario 3

I have food restrictions, and when I attend conferences it's difficult for me to join in the collaborations and network with others.

What can I do?



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You can do this!

- Good human-human interaction is a daily exercise
 - You will continue to learn how to be better at it!
- Don't ignore your experiences
 - Learn from them, but know that you have everything inside to succeed!

Additional Resources

- Ms. Mentor's Impeccable Advice for Women in Academia, by Emily Toth
- Kidding Ourselves: Breadwinning, Babies, and Bargaining Power, by Rhona Mahoney
- Getting to Yes: Negotiating Agreement Without Giving In, by Roger Fisher and William Ury
- Nice Girls Don't Get the Corner Office, by Lois Frankel
- Women Don't Ask: Negotiation and the Gender Divide, by Linda Babcock and Sara Laschever



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