

Time Management and Family Life

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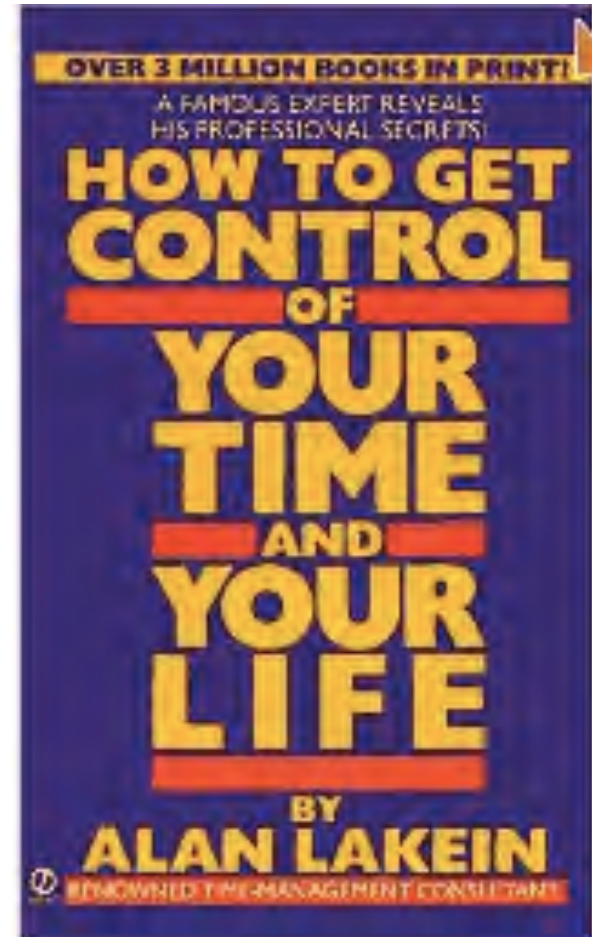
CRA Career Mentoring Workshop
27 February 2012

Alternative Session Titles

- Family Management and Life Time?
- Family Management and Lifetime?
- Family Time and Life Management?

My View

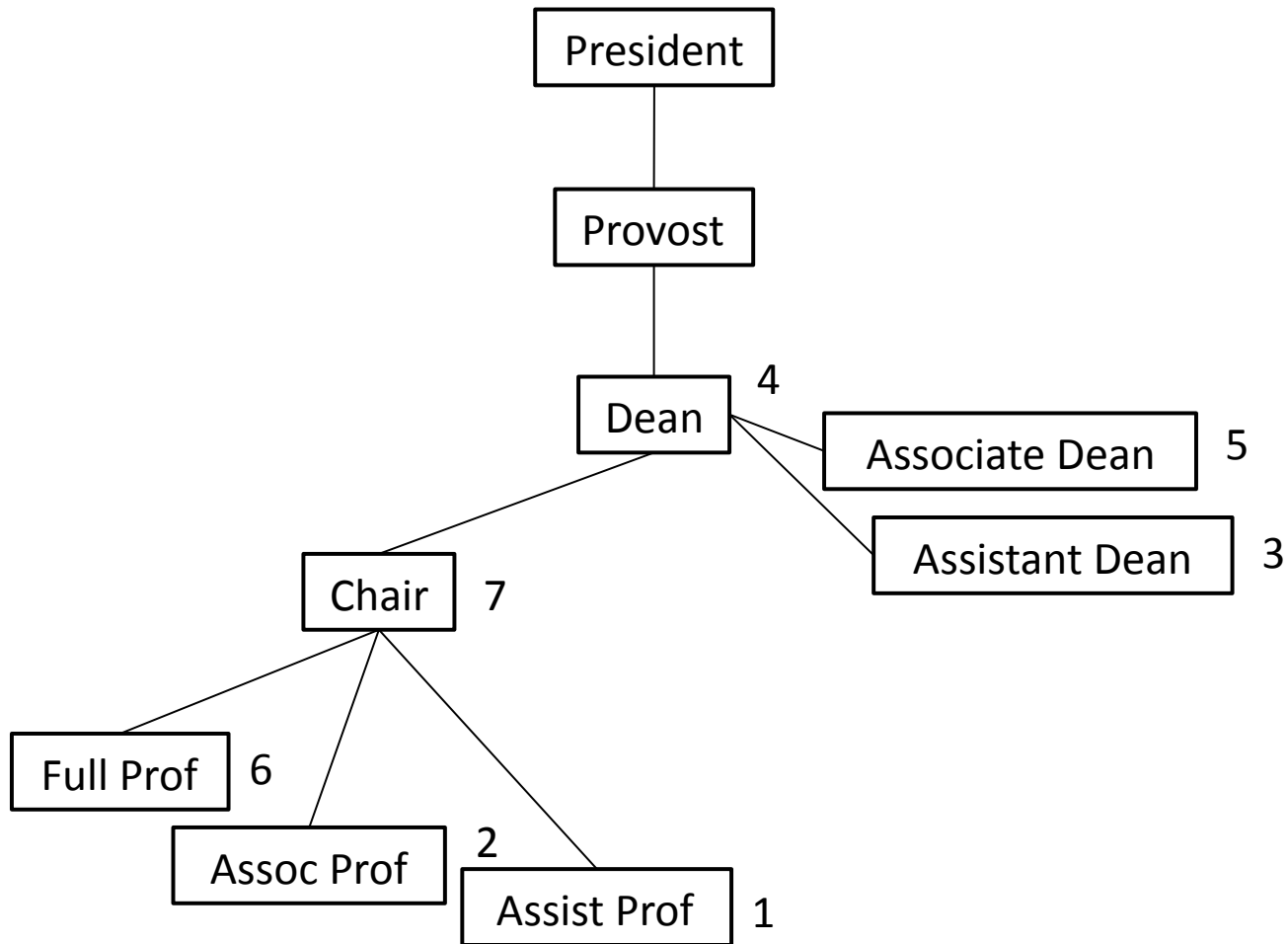
- Time management is life management
- Family is only one aspect of “life”
- Must understand life goals to effectively manage time



Who Am I?

- Professionally:
 - DSc in CS from Washington University, St. Louis
 - Joined Georgia Tech in 1993 as Assistant Professor
 - Computer networking, recently Computing for Good
 - Convoluted tour of academic titles (see next slide)
 - Research community leadership
- Personally:
 - Two daughters (Carmen 13, Bethany 10)
 - Husband (Dan, attorney)
 - Hobbies (Bikram yoga, gardening, quilting, reading)

My Professional Life (Titles)



My Personal Life



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My Best Advice I

- Plan (show my system)
- Understand how you work and leverage it
- Recognize difference between important and urgent (“Q2” in Stephen Covey parlance)
- Work on the single most important thing first every day (hard!)
- Place a high dollar value on your time. If you can pay someone less than that to do something for you, do so. (clean house, mow lawn)

My Best Advice II

- Never say yes immediately
- Ask if someone else can do it as well or better than you (because the answer will be no often enough)
- Remember that the day you commit to will eventually be “tomorrow”
- Do your share; only do more if it is in your interest; within your share, pick carefully
- Don't be a perfectionist; recognize when good enough is good enough

Best Advice I've Heard Recently

- “Don’t leave until you leave.”
 - Sheryl Sandberg, Facebook COO
 - Watch her TED talk!